

RACHEL SIMMONS



Rachel Simmons is the author of the *New York Times* bestsellers [*Odd Girl Out*](#), [*The Curse of the Good Girl*](#), and [*Enough As She Is: How to Help Girls Move Beyond Impossible Standards of Success to Live Healthy, Happy and Fulfilling Lives*](#).

A master facilitator and executive coach, she works for the world's most innovative companies to design and deliver programs for women's leadership development and gender equity. She is renowned for translating social science research into accessible strategies with authenticity and humor, while creating a safe space to explore uncomfortable topics.

Rachel serves on the faculty of the Google School for Leaders and is an associate with the firm Cultivating Leadership. After co-founding the national nonprofit Girls Leadership, she led the Phoebe Lewis Leadership Program at Smith College. Her writing has appeared in the *The New York Times* and *Harvard Business Review*, among many other publications.

An ABC News Contributor for *Good Morning America*, Rachel is a recognized thought leader in the national media. She is a proud gay parent and lives in Western Massachusetts with her daughter and two rescue dogs.